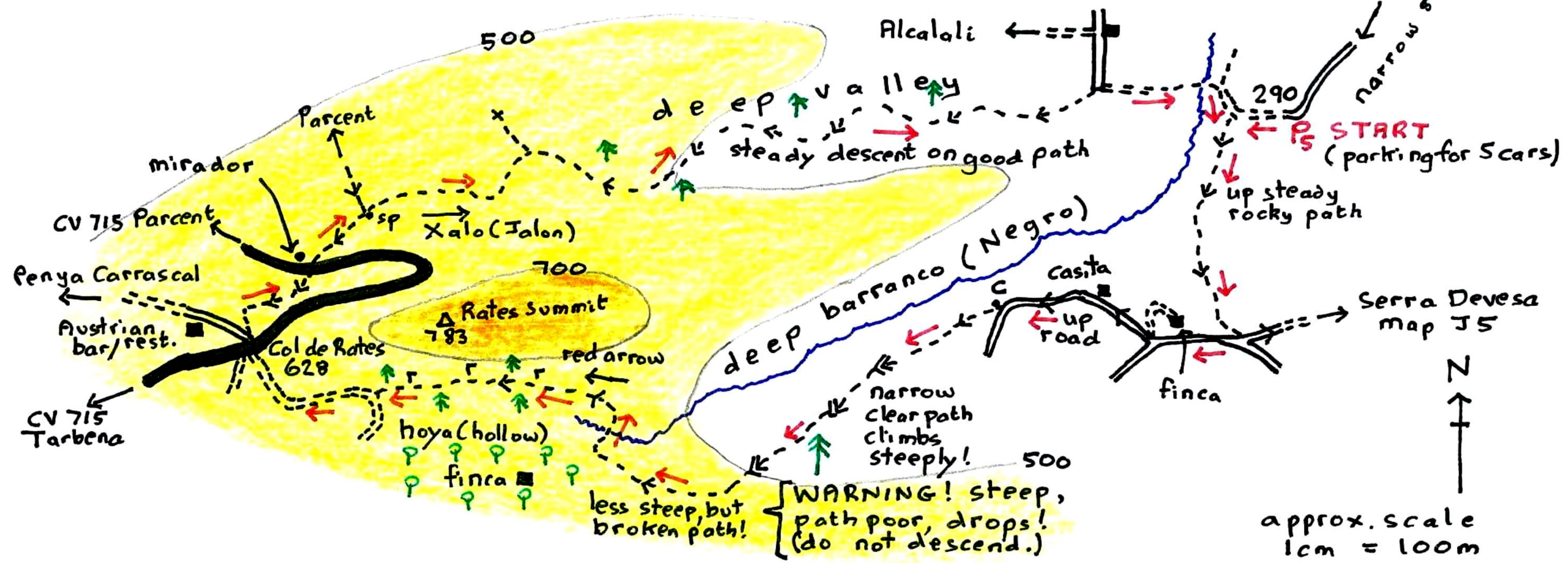


COL DE RATES (from Jalon)

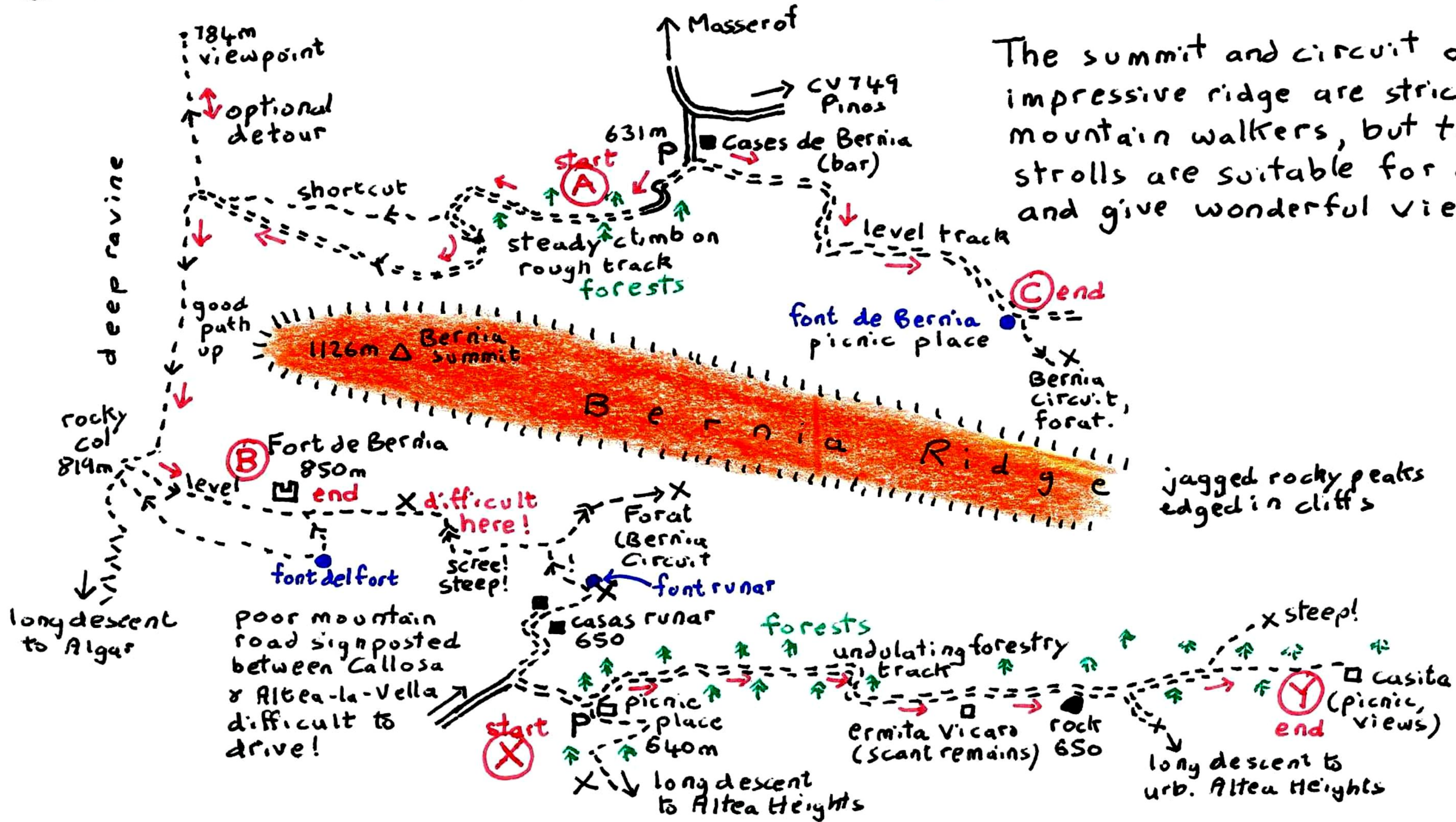
Approx. 8 km, 350m. asc, 3 hrs.
 Hard moderate ^^^^
 Clockwise circuit from near Jalon.



Though short this is a strenuous route, climbing steeply above a deep barranco, and at one part on a poor path! The reward is a sense of wildness and adventure, despite its proximity to busy roads, and good mountain views. Added to which there is not only a bar at the end, but one in the middle too.

BERNIA STROLLS

JIG



The summit and circuit of this impressive ridge are strictly for mountain walkers, but these strolls are suitable for all and give wonderful views.

Three strolls, each 'there and back' from two starting points.

- A-B Bernia Fort \wedge \wedge 2 1/2 hrs, about 5km, climbs over 200 metres.
- A-C Bernia font \wedge 1hr, about 3km, level walk.
- X-Y Forestry Road \wedge 2hrs, about 6km, gently undulating.

D. Parsons 2017
CB Walkers