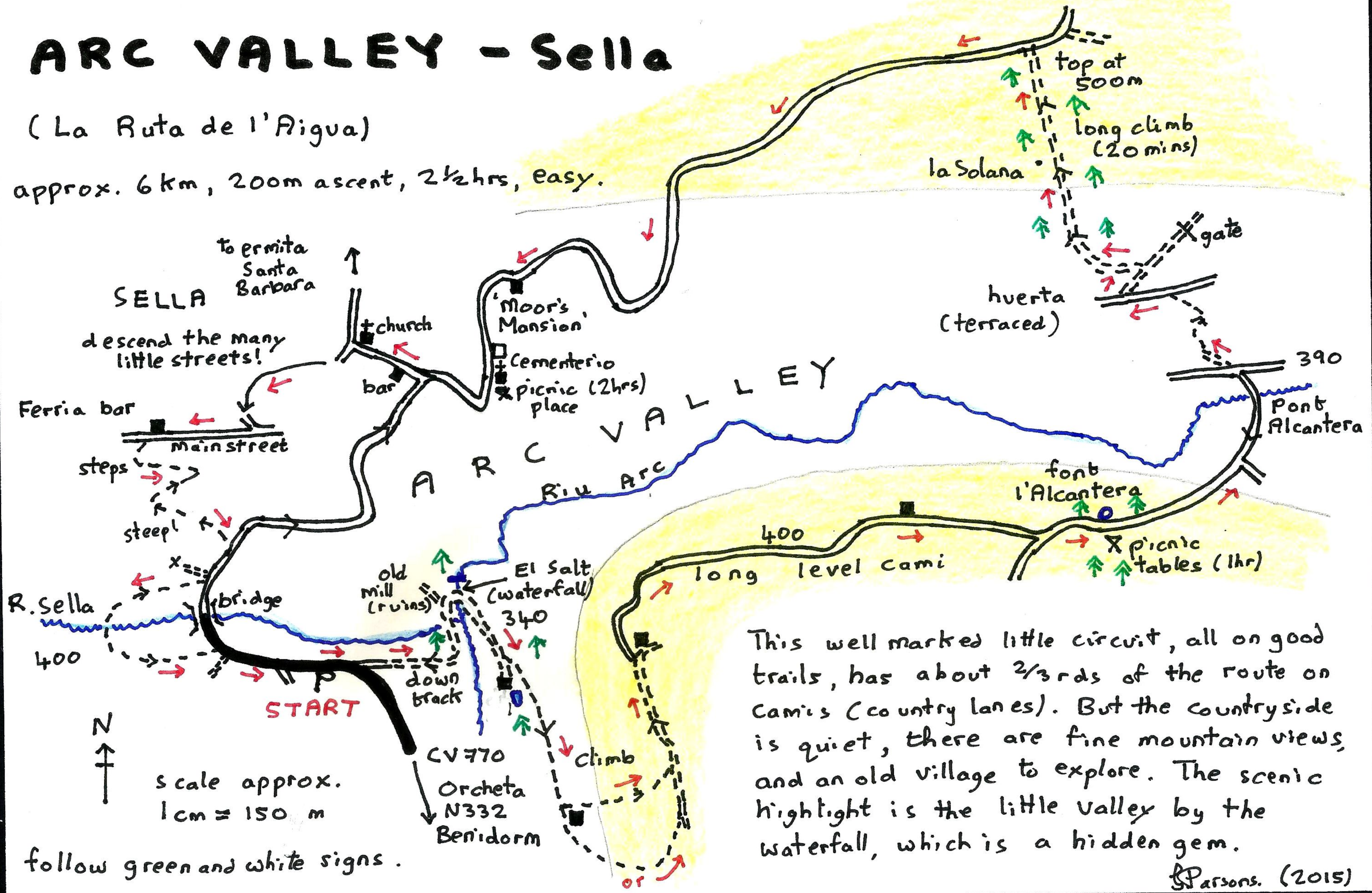


ARC VALLEY - Sella

(La Ruta de l'Aigua)

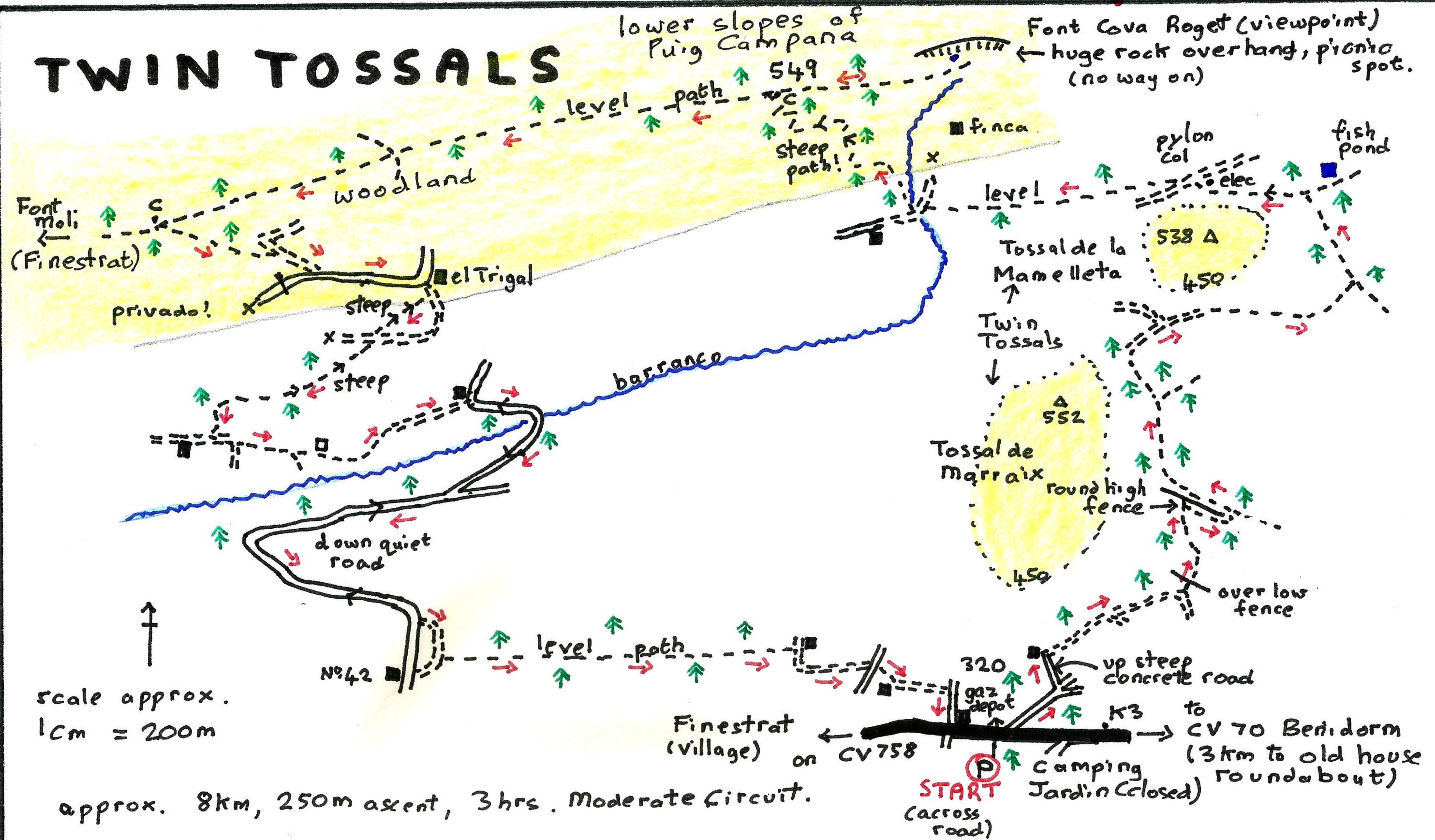
approx. 6 km, 200m ascent, 2 1/2 hrs, easy.



This well marked little circuit, all on good trails, has about 2/3rds of the route on Camis (country lanes). But the countryside is quiet, there are fine mountain views, and an old village to explore. The scenic highlight is the little valley by the waterfall, which is a hidden gem.

Parsons. (2015)

TWIN TOSSALS

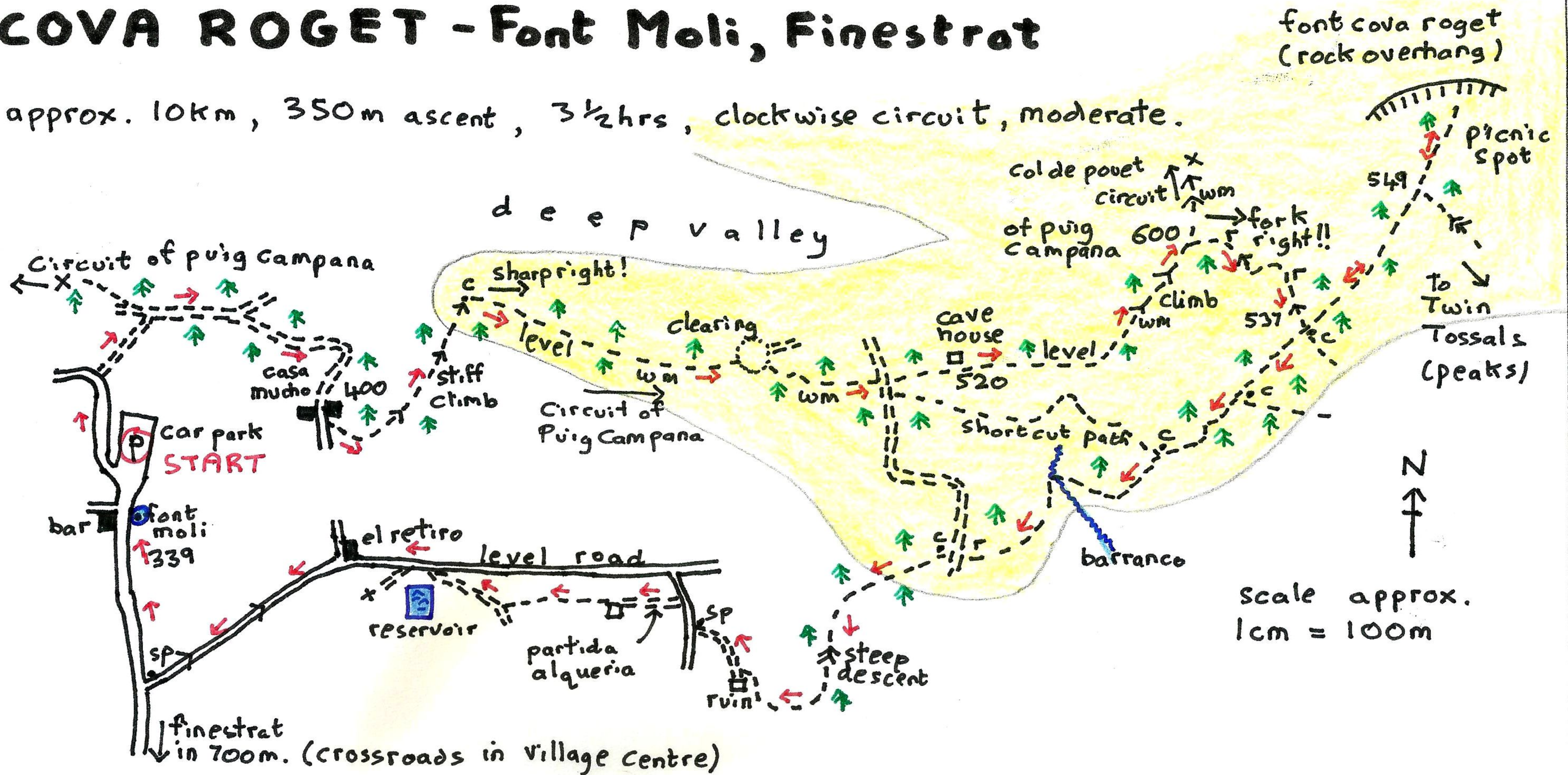


The 'twin tossals', small but shapely peaks, are a feature of this varied route on the S. slopes of Puig Campana near Finestrat. The rock overhang of Cova Roget is very impressive.

Parsons (2015)

COVA ROGET - Font Moli, Finestrat

approx. 10km, 350m ascent, 3 1/2 hrs, clockwise circuit, moderate.



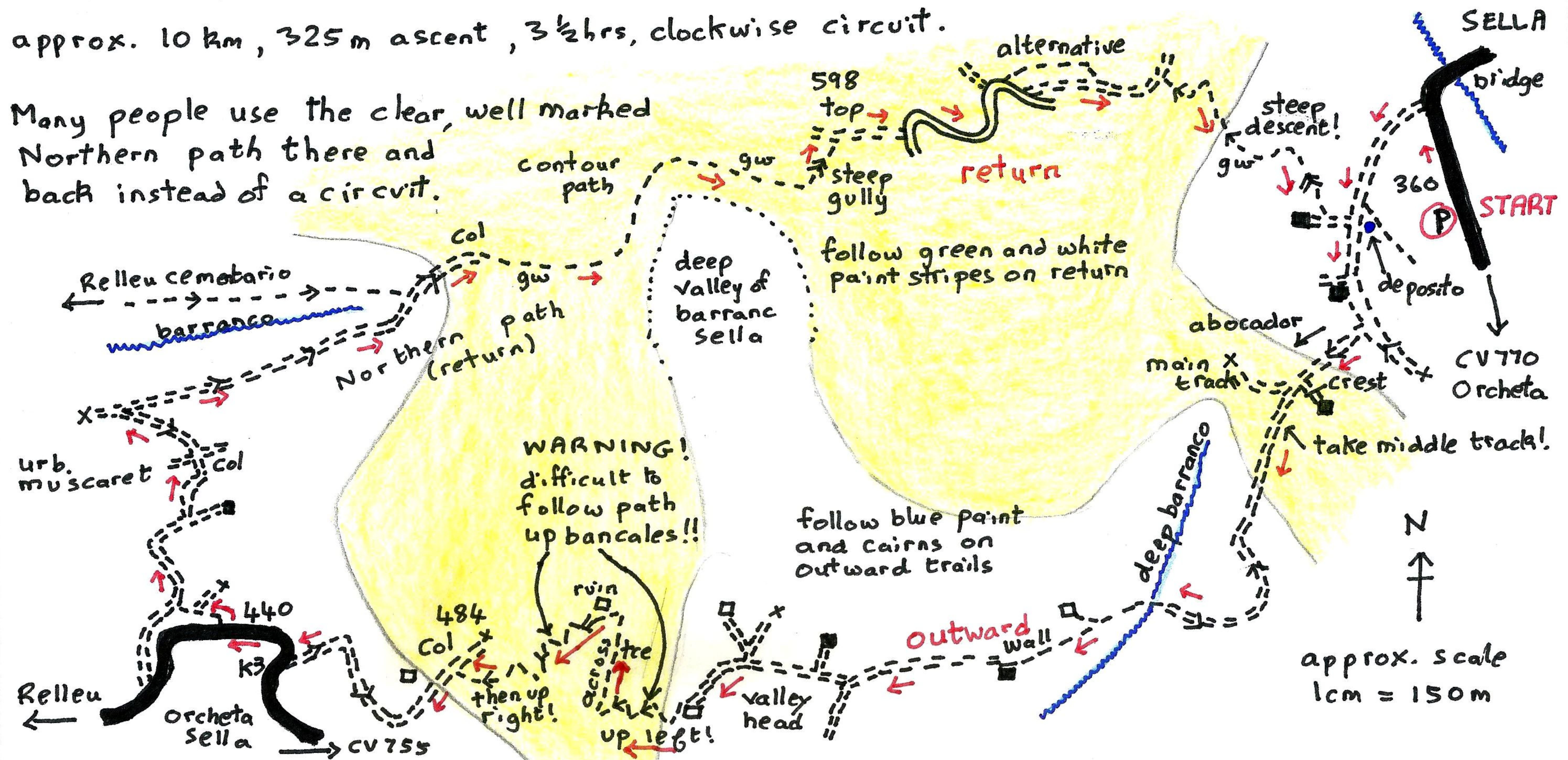
Starting at Font Moli, Finestrat, initially this route follows the circuit of Puig Campana. Watch for where the little used red marked path forks right and leads to a huge red coloured rock overhang, suitable as a picnic spot, with superb views of the sea beyond the pointed peaks of the Twin Tossals. The pinewood paths are good throughout the walk.

Parsons (2015)

SELLA TO RELLEU

approx. 10 km, 325 m ascent, 3 1/2 hrs, clockwise circuit.

Many people use the clear, well marked Northern path there and back instead of a circuit.



WARNING!
difficult to follow path up bancales!!

WARNING!
The outward trail of the circuit is not well marked and is little used, so is hard to follow. Much care is needed to find and follow the path up the bancales; do not climb the terrace walls!

Parsons (2015)